



*They* **Don't** Give  
*Their* **Heart & Soul**  
*So They Can* **Warm** *The* **Bench**

## **The Mental Coach® Can Help**

Your athletes are committed, hardworking and driven. But, a few aren't performing as well as they should be, even though they're just as dedicated as the superstars. So, how can you help these frustrated athletes? Call The Mental Coach®.

Chuck Holland, S.K., C.F. can help sharpen their playing skills through highly-specialized mental training. He combines the safe, proven science of the Three In One system with traditional and non-traditional methods that are unique, effective...and fun.

The Mental Coach® has helped more than 350 clients, ranging from high school and college athletes to PGA players and Olympic hopefuls, strengthen their physical, mental and emotional games.

Don't let another season go by without calling

**The Mental Coach®.**

A free team consultation is still available!

**Call 407-291-1626.**